

MEDITATION ROOMS

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WCCCD CREATES DESIGNATED MEDITATION ROOMS AND EXPANDS STUDENT ACTIVITIES TO HELP FORGE COMMUNITY CONNECTIONS AND OVERALL WELLNESS

Detroit, MI – Feb. 19, 2018 – The Wayne County Community College District (WCCCD) is expanding activities and has designated new spaces across its six campus District to help students maintain their overall wellness and forge new connections within the student community.

The designated meditation rooms will provide students with an area to meditate, pray or engage in other forms of quiet contemplation. The meditation rooms, which will provide additional spaces focused on the holistic wellness of its students, will be open to all students and all faiths.

On February 1, WCCCD broke ground on its City Center, a \$25 million hybrid facility that provides space for health science and wellness programs, as well as dynamic areas for events and fitness training. The facility will be located on Fort Street at Fifth Street, next to the WCCCD Downtown Campus. Completion of the facility is scheduled for spring, 2019.

“Our students come to us from all walks of life, all ages, and from across Wayne County,” stated WCCCD Diversity Officer Furquan Ahmed. “What we all have in common is the need for spaces to form strong community bonds, and to find the spaces to decompress, and feed our minds, bodies, and souls. We believe that adding additional student activities and these meditation rooms will make our students, our community, and our College that much stronger.”

According to WCCCD Muslim Student Organization Advisor Syed Zafarullah, “WCCCD students don’t live on our campuses and for many, their studies are being juggled with job and family responsibilities. We are looking to make our activities as accessible and engaging as possible. By creating these spaces, students can address the fullness of their lives while still working to build a better one.”

WCCCD is working on offering a wide range of diverse on-campus student activities District-wide. The activities, which will be offered during day and evening hours, will be announced on the college’s website at www.wcccd.edu.

About WCCCD: WCCCD, the largest urban community college in Michigan, is a multi-campus district with five campus locations, the Mary Ellen Stempfle University Center and the Michigan Institute for Public Safety Education (MIPSE), serving nearly 72,000 students annually across 32 cities and townships, and more than 500 square miles. WCCCD is committed to the continued development of new programs, workforce transformation, hosting community-based training sessions, and improving student facilities and services. www.wcccd.edu.